

Candice E. Cox, MSW, LCSW

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OBJECTIVE

To obtain a position within the community with a chance to provide children and families with the skills and opportunities needed to enhance their lives.

QUALIFICATIONS & EXPERIENCE

THERAPY & CLINICAL SOCIAL WORK

- Over ten years of experience providing in office trauma informed individual, family, and group therapy
- Over ten years of experience providing in home and in school psychotherapy to children and families.
- Experience providing psychotherapy through virtual arena
- Experience establishing treatment plans and conducting therapeutic assessments
- Experience providing contracted therapy services for various organization
- Experience providing crisis intervention and assist families in understanding the implication and complexities of particular medical situations

MENTAL HEALTH & TRAUMA INFORMED CARE

- Over ten years of experience working closely with children and adolescents to provide trauma informed care and education
- Over five years of experience providing evidence based mental health interventions to children and youth with behavioral disorders and their families
- Creation of mental health curriculums and models (KHAOS Mindset) to help multiple stakeholders with addressing mental health in various arenas
- Experience working as a member of a multidisciplinary community health team
- Experience providing supportive counseling and educational services to adults, youth, families, and other community members
- Extensive working knowledge of mental health diagnosis and medication management utilizing the DSM-IV/V

SUPERVISION & MANAGEMENT

- Over ten years of experience in supervisory and management positions monitoring various levels of staff including office and clinical staff
- Experience recruiting screening and training applicants and staff

CASE MANAGEMENT & COMMUNICATION

- Effective oral and written communication skills with the ability to communicate to broad range of audiences and stakeholders
- Encourage individuals and family members to develop and use skills and strategies for confronting their problems in a constructive manner
- Manage case files that include activities, progress notes, evaluations and recommendations

PROGRAM CREATION, DEVELOPMENT & EVALUATION

- Over five years of experience with developing and coordinating prevention/early intervention programs
- Creator of several mental health therapy models and curriculum intended for various audiences including parents, children and youth, teachers and educators, police and armed forces, and business professionals
- Development and monitoring of program goals and outcomes to ensure overall success for all stakeholders
- Experience with monitoring program budgetary outcomes and

- Experience with the creation and submission of reports for grants and contracts

FACILITATION, TRAINING, & MEDIATION

- Over five years of experience facilitating programs and trainings to adults, youth, business professionals, and educators
- Facilitation of programs and training in various settings including schools, community outreach setting businesses
- Facilitation of professional and personal development and leadership retreats
- Facilitation and mediation of diversity awareness and conflict resolution groups
- Experienced liaison in court, judicial and foster care mediation

CRIMINAL JUSTICE & CRIME PREVENTION

- Creation of mental health curriculum (KHAOS KOPS) geared toward addressing trauma in criminal justice and law enforcement arenas (for officers, offenders, and other staff)
- Facilitation of cultural diversity, awareness and sensitivity
- Experience working with various leadership positions in criminal justice and law enforcements arenas
- Development of programs to address crime, crime prevention and neighborhood revitalization

YOUTH DEVELOPMENT & VIOLENCE PREVENTION

- Creation of mental health curriculum and model (KHAOS KIDS) to assist youth with gaining skills addressing mental health and behavioral struggles daily
- Experience creating programs for youth including risk and criminal justice involved youth with the goal of
- Experience creating, developing programs and services for youth including mentoring, life skills development, career and college preparation, sexual awareness & risk avoidance, diversity, and self esteem

COMMUNITY OUTREACH & EDUCATION

- Over ten years of experience providing outreach services in various community arenas
- Experience acting as liaison with community agencies, schools, hospitals, and community organizations; community education

COMPUTER EXPERIENCE & EXPERTISE

- Experience and expertise working with various computer programs and software including word processes, spreadsheets, databases, and publishing software

EMPLOYMENT

CEO/Executive Director

Charlotte's Community Outreach DBA KHAOS. 2013- Present

Owner/Licensed Clinical Social Worker/Private Practice

A&A Inspirations, LLC- St. Louis, MO 2012- Present

Contractor -21st Century Project Director

Herbert Hoover Boys & Girls Club - St. Louis, MO 2008 to Present

Temporary Shelter Therapist

St. Vincent Home for Children - St. Louis, MO 2010 - 2012

Outreach Therapist

Rivendell Behavioral Health –Little Rock, AR 2010-2011

Medical Social Worker II

Baptist Medical Center - North Little Rock, AR 2009-2010

Intensive In-Home Specialist

Edgewood Children's Center - St. Louis, MO 2005-2008

EDUCATION

Master of Science in Social Work, St. Louis University-2005-2008
Bachelor of Science in Social Work, SEMO State University-2000-2004

LICENSE & CREDENTIALS

LCSW Missouri- 2102109389 - 03/2011 to present
Currently Credentialed (MHNET, Blue Cross/Blue Shield, Aetna, United Health Care, Cigna, Optum, and all Medicaid panels)

ACCOMPLISHMENTS

Writer and Published Author:

Please Oh Please Be PATIENT With Me

- Childrens book, follows little Xavier as he explains how he is learning how to live with ADHD

Getting RAW With You

- Therapeutic journal created to assist individuals with Realizing their barriers, Admitting their roles, and Working through by creating attainable goals.

Seriously...Say It

- A guide to assist individuals with learning and implementing the KHAOS mindset

Creator and Facilitator of the KHAOS Mindset:

KHAOS Mindset: Focuses on introducing and implementing skills to assist individuals with learning how to cope with toxic and traumatic stress. Life happens but that does not mean it has to stop!

Organized KHAOS: Designed for kids K-12 focusing on being Enlightening, Educated, Purpose - driven, Empowered, and Respectful to self, their peers and local, national and global communities thus organizing KHAOS.

Get RAW: An approach rooted in experiential therapeutic techniques. Designed to assist individuals with realizing their barriers, admitting their roles in their lives, and working through to create and deliver a solution.

Break FREE: Created to assist individuals who are bound by emotional or situational events. Participants learn how to forgive, release, embrace, and elevate in the work, home, and community environments.

PATIENT: Pause And Think, Inhale/Exhale, Now Talk/Now Tap out. Training designed for Educators, Community Leaders, Mental Health Professionals, Parents and Mentors to successfully incorporate the KHAOS techniques by modeling prevention, intervention and awareness to support mentoring, support and trauma safe spaces.

RESET: A series of workshops for parents focusing on educational challenges, mental health issues,, and utilizing community resources.

Think it, Speak it, Achieve it: Developed for mental health days for Corporate and Small businesses focusing on work related stressors and overcoming them.

Virtual RAW sessions: Virtual sessions with certified KHAOS coaches/Kounselors to assist individuals with addressing and managing their mental wellness via phone, computer, or tablet. 15,30,&45 min sessions available.

REFERENCES
Furnished Upon Request